

An aerial photograph of a city grid, viewed from a high angle. A prominent diagonal road or highway cuts through the grid from the top left towards the bottom right. The buildings and streets are visible as a dense pattern of lines and shapes. The overall tone is light and somewhat desaturated.

•lavio

Training Prospectus



We are proud to offer something different when it comes to classroom based training. Our courses are made bespoke to each client with an emphasis on fun and engagement to ensure the most is made from the experience with our team of trainers.

Our sessions are filled with useful practical exercises and real-life case studies to help focus on the key areas needed and the ongoing application within the workplace. Whether the purpose of the training is to raise awareness or give employees the ability to carry out tasks, we can make the session informative by introducing practical and relevant application during our sessions.



Course Directory

Classroom based learning

Fire Wardens

First Aid - Emergency Aid

First Aid at Work

Manual Handling

Health and Safety Awareness

Asbestos Awareness

Health and Safety for Directors and Managers

CDM Awareness

Manual Handling Awareness

Risk Assessment Awareness

DriveWize – Safe Driving

Health and Safety Induction

Slips, Trips and Falls

Health and Safety Awareness for Managers

Hazardous Substances Awareness (COSHH)

Contractor Safety Awareness

New and Expectant Mothers

Electrical Safety Awareness

Food Hygiene

CPR Essentials

Pandemic Awareness

Drug and Alcohol Awareness

Environmental Awareness

Stress Essentials

E-Learning

DSE Awareness

Fire Warden Awareness

Working at Height Awareness

Asbestos Awareness

Fire Safety Awareness

Personal Protective Equipment



Fire Wardens

Duration: 0.5 day

An energetic course that includes the key roles and responsibilities of fire wardens, how fires behave, fire prevention and control, key fire safety features of buildings, selection and use of fire extinguishers, principles of fire risk assessment and practical exercises in and around your building on fire safety management. This course can be tailored to meet your specific needs.

First Aid - Emergency Aid

Duration: 6 hours

A course that covers the application of emergency first aid in lower risk environments with less than 50 staff. This practical hands on training is an enjoyable course that includes managing incidents, first aid priorities, initial treatment of casualties and basic resuscitation.

First Aid at Work

Duration: 3 days

A comprehensive course for larger or higher risk workplaces that gives delegates practical skills and confidence in dealing with first aid emergencies. The course content includes bleeding, burns, choking, CPR, seizure, shock, spinal injuries, sprains, strains and strokes.

Manual Handling

Duration: 4 hours

This course gives delegates a chance to understand more about the problems that can arise with manual handling, how these come about and how the body works. The course includes duties of workers and the employer, basic spinal anatomy, mechanisms and common injuries, TILE risk assessment approach, safe handling techniques and approach to safe handling in the workplace. This course can be tailored to meet your specific needs.

Health and Safety Awareness

Duration: 3 hours

A sensible introduction to health and safety in the workplace, suitable for any employee, which includes why we bother with health and safety, the Health and Safety at Work Act, current legislation and legal framework, the management of health and safety, culture and attitudes, the principles of risk assessment, and hazards and controls. This course can be tailored to meet your specific needs.

Asbestos Awareness

Duration: 4 hours

A course that gives delegates a full understanding of what asbestos is, types of asbestos and its history. The course covers where asbestos comes from, how it has been used and where it can be found, ill health effects, management of asbestos, controls and reducing risk, the law on removal and disposal, and actions to take upon accidental discovery.

Health and Safety for Directors and Managers

Duration: 4 hours

Ideal for management who want to know the ins and outs of health and safety management and what the law requires. The course is delivered by our own Director who makes this course practical, informative and proportionate to your business whilst giving attendees important information on the law, enforcement, management, responsibilities, The Act, Corporate Manslaughter, culture and leading health and safety at work. This course can be tailored to meet your specific needs.

CDM Awareness

Duration: 3 hours

This course simplifies and explains the purpose and application of the CDM 2015 Regulations no matter which duty holder you are. This course is delivered to clients, principal designers, principal contractors, contractors and designers. Our course explains the duties and responsibilities of each duty holder, what this looks like and what a proportionate approach looks like, with lots of practical examples from small residential projects to major infrastructure projects. This course can be tailored to meet your specific needs.

How to book

All of our courses can be delivered at your workplace or at a number of locations across London and the South.

Please call or email us for a quotation and availability.

T: 0333 577 0248

E: training@havio.com

www.havio.com



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Your Health and Safety Partner